



Public Health Advisory
3/6/2024
Updates from CDC's National Center
for Immunizations and Respiratory Diseases

SUMMARY

- On March 1, 2024, the CDC released the Updated Respiratory Virus Guidance that aligns prevention messaging for COVID-19 with other respiratory viral illnesses such as flu and RSV.
- The guidance emphasizes the importance of recommended vaccinations against COVID-19, flu, and RSV; practicing standard respiratory hygiene when ill; and taking steps for cleaner air to reduce the spread of respiratory viruses.
- The updated guidance released applies to non-healthcare (general public and congregate) settings.

Actions for healthcare providers

The Southern Nevada Health District recommends that all providers continue to:

- 1) **Promote:** Promote influenza, COVID-19, and RSV vaccination for all eligible persons and emphasize their vital role in reducing severe illness, hospitalization, and death, especially for high-risk populations (infants, older adults, and persons with certain comorbidities) who acquire influenza, COVID-19, or RSV.
- 2) **Prescribe:** Prescribe antiviral medication for patients with high-risk of progression to severe disease with influenza or COVID-19.
- 3) **Advise:** As much as possible, advise patients to exclude themselves from public activities and encourage them to stay home and away from others until at least 24 hours after both their symptoms are better, and fever free for 24 hours without fever reducing medications.
- 4) **Counsel:** Advise patients on preventive measures: cover coughs/sneezes, wash hands, wear masks, and improving ventilation in enclosed places.

To view the latest CDC Respiratory Virus Guidance, visit <https://www.cdc.gov/ncird/whats-new/updated-respiratory-virus-guidance.html>.

If you have any questions on influenza, COVID-19, and RSV please contact the Southern Nevada Health District Office of Acute Communicable Disease Control at 702-759-1300.

A handwritten signature in blue ink, appearing to read 'Fermin Leguen', is written over a horizontal line.

Fermin Leguen, MD, MPH
District Health Officer
Southern Nevada Health District

Health Alert: conveys the highest level of importance; warrants immediate action or attention

Health Advisory: provides important information for a specific incident or situation; may not require immediate action

Health Update: provides updated information regarding an incident or situation; unlikely to require immediate action

280 South Decatur Boulevard, Las Vegas, NV 89107 • Phone (702) 759-1000 • www.snhd.info