



## **MINUTES**

**Southern Nevada HIV Prevention Planning Group**

**March 12, 2025, 2:00 PM - 4:00 PM**

**Lone Mountain Conf. Room/ 280 S Decatur Blvd, Las Vegas 89107/(TEAMS)**

### **MEMBERS/VISITORS/PUBLIC ATTENDANCE**

Please see attached sign-in sheet for further information on attendance. Due to unexpected circumstances this meeting was solely an informational meeting, and no voting took place.

#### **I. CALL TO ORDER - NOTICE OF POSTING AGENDA**

SNHPPG Cheryl Radeloff confirmed this was an informational meeting only. Stated the meeting will be recorded.

#### **II. WELCOME AND INTRODUCTIONS OF MEMBERS AND GUESTS**

This meeting was recorded. No public health information was shared during the meeting.

#### **III. ESTABLISHMENT OF QUORUM** – This meeting is solely informational. Attendance did not meet quorum guidelines; no voting took place.

Quorum was established with the following voting members present.

Cheryl Radeloff, Albert Sedano, Bishop Bonnie, Mona Lisa, Chris Reynolds, Isabell Rowland Santillan, and Raychel Holbert

#### **IV. PUBLIC COMMENT**

Public comment is a period devoted to comments by the general public on items appearing on the agenda. All comments are limited to five (5) minutes. Public Health Co-Chair C. Radeloff asked if anyone wished to address the group pertaining to items appearing on the agenda.

No public comments were presented.

#### **V. CONSENT AGENDA**

Items for action to be considered by the Southern Nevada HIV Prevention Planning Group were given via email. No consent will be given for this meeting as it is solely for informational purposes.

Motion to accept agenda – motioned by Chris Reynolds and seconded by Krystal Griffin

#### **VI. REPORT/ Discussion/ Possible Action**

Southern Nevada HIV Prevention Planning Group may take any necessary action for any item under this section. Members of the public can speak on action items after Southern Nevada HIV Prevention Planning Group's discussion and prior to their vote. Once the action item is closed, no additional public comment will be accepted.

Krystal Griffin will be stepping down as she is now employed by SNHD.

- Co-chair Nominations and Elections
  - Chris Reynolds was nominated by Cheryl Radeloff

- Chris Reynolds accepted the nomination
- Motion made to open voting – all were in favor, Bishop Bonnie abstained; Chris accepted the position of co-chair; welcome Chris
- Albert Sedano was nominated by Krystal Griffin
  - Albert Sedano accepted the nomination
  - Motion made to open voting – all were in favor, Bishop Bonnie abstained; Albert accepted the position of co-chair; welcome Albert

## VII. INFORMATIONAL ITEMS/ DISCUSSION ONLY

### A. CredibleMind: Heidi Laird, SNHD

See presentation titled “*CredibleMind - A Better Front Door to Mental Health*”

- CredibleMind is a portal for the Clark County community
- Self-help is the first choice for people to address mental health
- Site does collect data such as usage, traffic, access location and user data to provide customizable resources
- Data is deidentified when deaggregated; all information is confidential and is housed on the CredibleMind server
- Share this resource with your colleagues, community partners, family and friends; users must be thirteen years of age or older

Topics of interest for HPPG: LGBT, substance use and suicide prevention

Suggested to add support groups to help with HIV diagnosis

If users take the Mental Health Profile, it will break down areas of most important issues, moderate issues and low concern issues and offer resources.

Rebecca Cruz-Nanez shared that the Suicide Prevention Training, Youth and Adult Mental Health Training are offered to everyone.

Heidi will send the CredibleMind toolkit out.

### B. Nevada Integrated Prevention, Care, And Syndemic Plan: Heather Kerwin, Nevada Department of Health and Human Services

See presentation titled “*Nevada Syndemic Plan Brief Overview*”

- Syndemics occur when two or more diseases or health conditions cluster and interact within a population.
- Syndemic approach addresses multiple diseases which improve public health more than if each disease was addressed on its own.
- Nevada’s syndemic plan – see presentation, page 5
- Where to focus solutions - see presentation, page 6
- Examples of strategies - see presentation, page 7
- Syndemic Plan and HIV Integrated Prevention & Care Plan intersection - see presentation, page 8 – these two plans will merge and become the new plan for 2026-2031
- Syndemic planning member roles and responsibilities - see presentation, page 9
  - Current members are from local and state health departments, more community organizations would be welcome, if interested please contact Heather

C: Attendees are excited about this approach.

Q: Would you be open to present to other groups and organizations?

A: Yes. Just contact me with the details.

Q: Based on the survey results, will there be focus groups?

A: Yes, once we review and can determine who we should pull from more.

Contact: h.kerwin@health.nv.gov

**VIII. PUBLIC COMMENT:** A period devoted to comments by the general public, if any, and discussion of those comments about matters relevant to the planning group's jurisdiction will be held. No action may be taken upon a matter raised under this item on this Agenda until the matter itself has been specifically included on the agenda as an item upon which action may be taken pursuant to NRS 241.020. Comments will be limited to five (5) minutes per speaker. If any member of the general public wishes to make a public comment, either in person or via MS Teams, request time from a SoN HPPG co-chair, clearly state your name and address, and spell your last name for the record. Please state whether you have any direct or indirect interest in or relationship with any individual or organization that proposes to enter any transaction with Southern Nevada HIV Prevention Planning Group. If any member of the Southern Nevada HIV Prevention Planning Group wishes to extend the length of a public comment, this may be done by the Co-Chairs or the Southern Nevada HIV Prevention Planning Group by majority vote.

#### Organizational Activities

- Spring 2025 STI Update – May 6, 2025 from 7:30am – 4:15pm at the Las Vegas Valley Water District Offering skill builders for providers to discuss PrEP, sexual history, over the counter offers, etc. Register is free but you must register to attend: <https://myemail.constantcontact.com/Spring-2025-STI-Update-Training-Program.html?soid=1135328679369&aid=y9XPzyja5oY>
- Autumn Update: Networking for HIV Conference – November 8 & 9, 2025  
To register, visit our website at: [med.unr.edu/cme/au2025](http://med.unr.edu/cme/au2025)
- Southern Nevada Consortium Thrive Conference: A Woman's Journey – March 29, 2025 from 9am – 4pm at The Center, 401 S Maryland Pkwy, Las Vegas 89101
- Annual LatinX AIDS Awareness Day – October 15, HIV for the Cure Summit
- NALA – April 1 & 2, 2025 @ Palms Hotel and Casino; 10<sup>th</sup> anniversary of NALA: <https://www.latinosandhiv.org>  
A call for volunteers was made, and Victoria Young and Nora Borkowski volunteered.
- Helping 1/10 Help – building adherence to HIV meds, app is in Shine, not for Medicare, Medicaid or Ryan White
- The Center has a new PrEP Navigator – Juan Tegada
- PrEP Rally – Saturday, May 17, 2025 with PI awareness; Luau themed with vendors, indoor and outdoor activities
- NV Health Centers – new Health Educator – Nora Borakowski
- Health District After Dark (HDAD) – Brain Health – Thursday, March 13, 2025 at SNHD, Red Rock Conference Room from 4pm – 6p
- Empower Change Training – March 19 & 20, 2025, at SNHD; register at [empowerchange@snhd.org](mailto:empowerchange@snhd.org)
- HPPG is requesting all voting members to attend the next meeting on April 23, 2025 from 2pm – 3pm. This will be a joint HPPG meeting which will cover the EPI Profile, and to vote on prioritized population.
- Community Health Worker Summit – April 25, 2025 from 8:30am – 4pm at CSN Charleston Campus, Building I. Event is free of charge. For more details, feel free to reach out at [angel.garciasaavedra@commonspirit.org](mailto:angel.garciasaavedra@commonspirit.org) or (702) 616-4932. To register, please follow the link: [CHW Summit registration](#)

Q: How was the Creating Change Conference:

A: Well planned, and great diversity of options of learning. Good blend of nonprofits, resources and learning sessions, numerous community organizations and a testing van.

#### IX. ADJOURNMENT

Meeting adjourned at 3:31pm.

# Introduction and Overview



**CredibleMind**

A Better Front Door to Mental Health

Presented by Heidi Laird, CHES  
Health Educator II/Suicide Awareness Coordinator  
Southern Nevada Health District  
Office of Disease Surveillance  
Division of Disease Surveillance and Control

# Background

70%

Gap between the need for mental health and available resources

Years from symptoms to treatment

11



Wait time for appointments 6 months +



Mental and Behavioral Healthcare

# Rationale



Self help resources are not validated

20000+

Mental health solutions in the market

Difficult  
connecting to  
the right  
resources



self-help

# CredibleMind

A population-based approach for addressing provider shortages and increased community demand



Evidence-based



Prevention



Early Intervention



Broad Topics



Assessments



Self-Help/Self-Care Tools

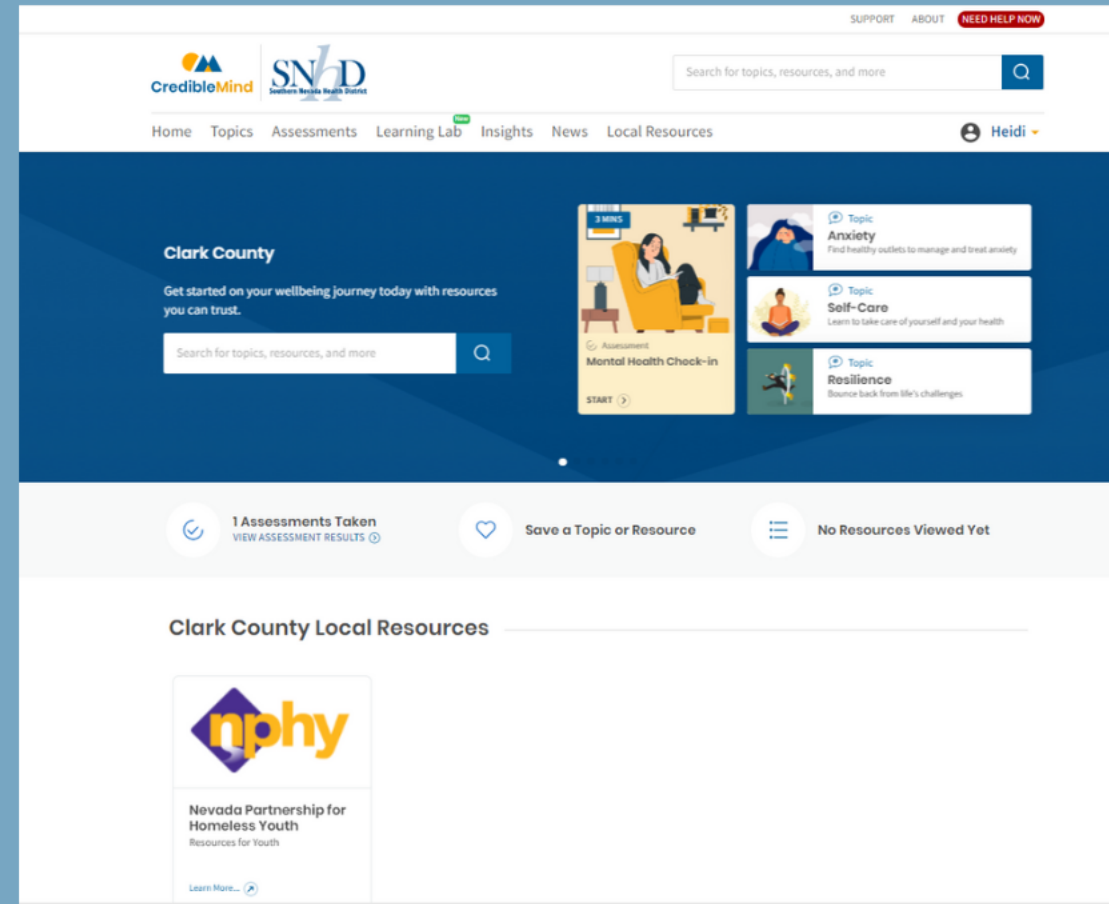
Accessible

**FREE**

Confidential

# CredibleMind

- Improved access to mental health resources
- Reduce chronic conditions
- Reduce hospitalizations
- Reduce suicide rates
- Increased awareness and acceptance



# Benefits



# Personality Big 5



[clarkcountythrive.crediblemind.com](https://clarkcountythrive.crediblemind.com)

# Site Basics

Landing Page

Topics

Assessments

Local Resources

The Learning Lab

Spanish Access

[clarkcountythrive.crediblemind.com](https://clarkcountythrive.crediblemind.com)

# Data Privacy and Reporting

## Data SNHD Receives



Number of site visitors



Most visited topics, resources, and resource types



Assessments taken/assessment results

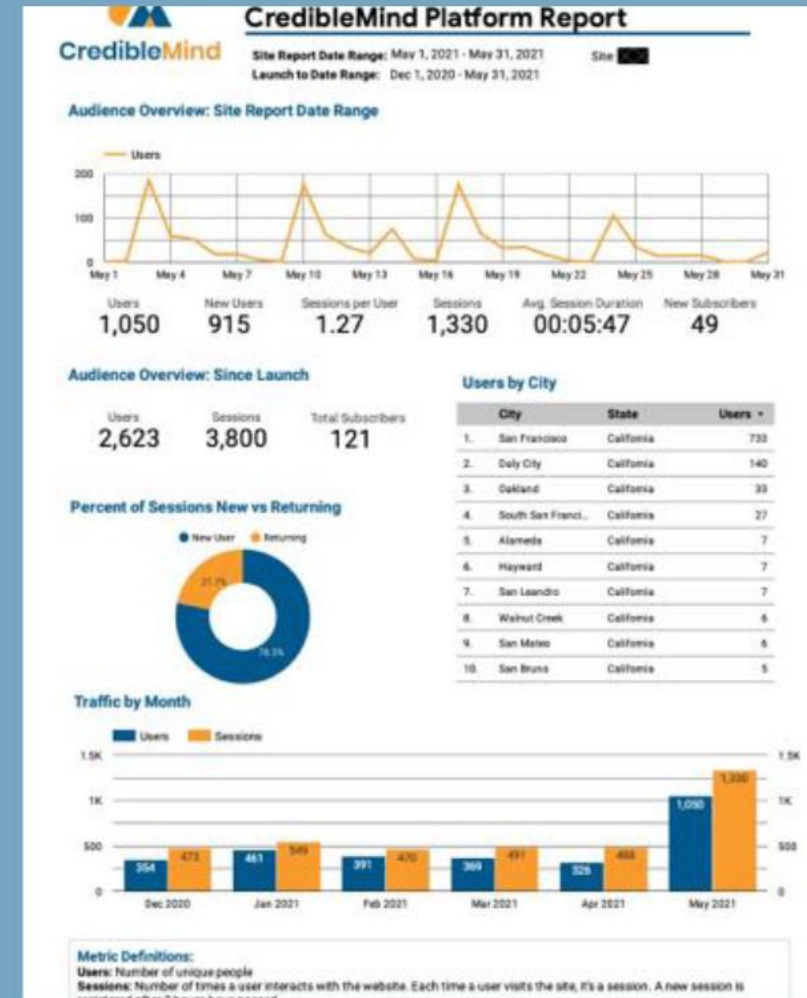
## Data CM Collects



Account information



Website usage stats



# Promote CM



**Share with  
community  
networks**



**Encourage  
others to  
use CM**



**Model  
using CM**



**Share  
experience  
with others**

# Questions

**Heidi Laird**

[lairdh@snhd.org](mailto:lairdh@snhd.org)

C. 702.406.0589

**CredibleMind**

**Southern Nevada  
Health District**

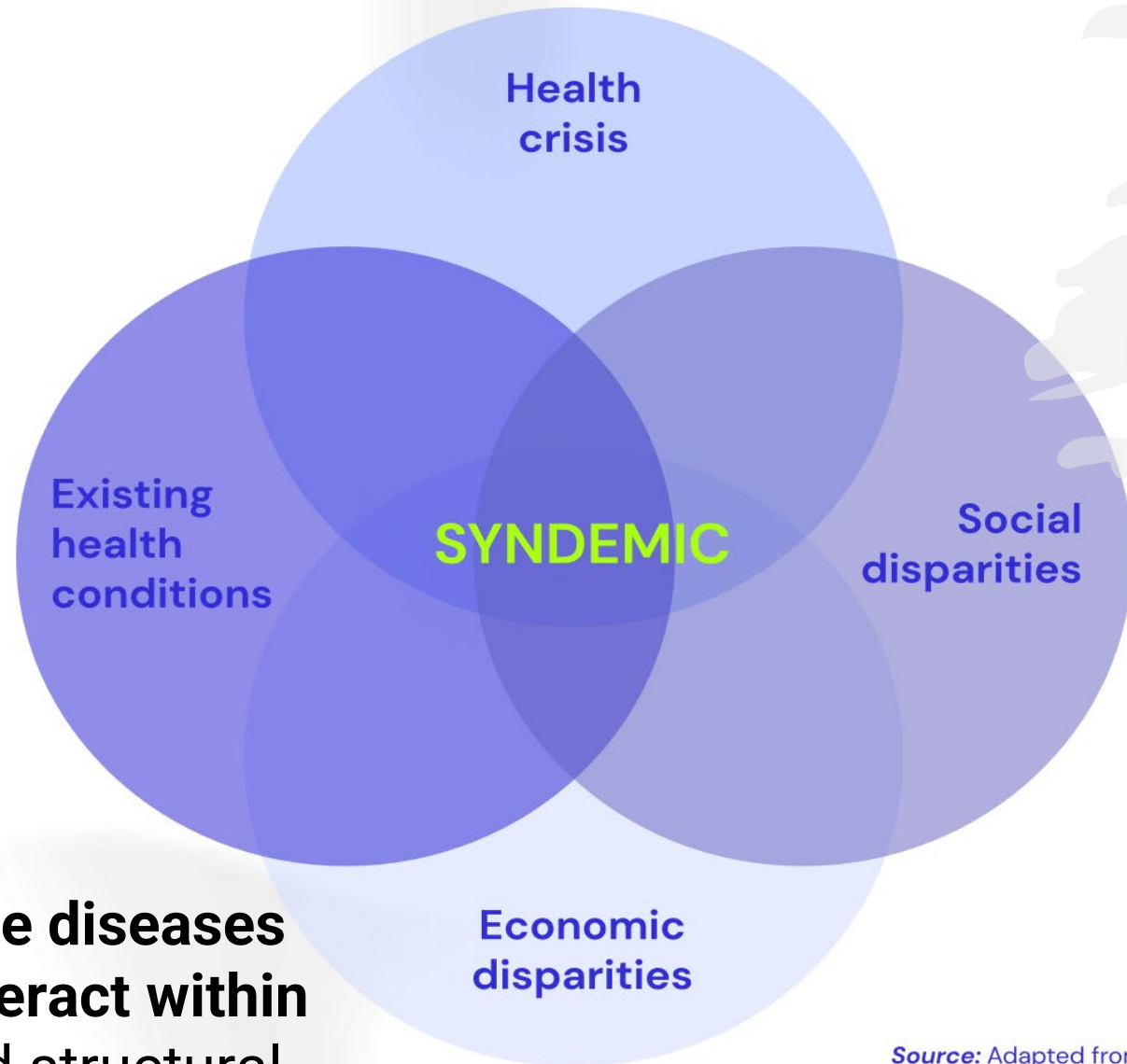
**Community  
Partners**

# Special Thanks

# Nevada Syndemic Plan Brief Overview

Heather Kerwin, MPH, CPH  
Infectious Disease & Opioid Epidemiologist  
Nevada DPBH – Office of Epidemiology

# What is a SYNDEMIC?

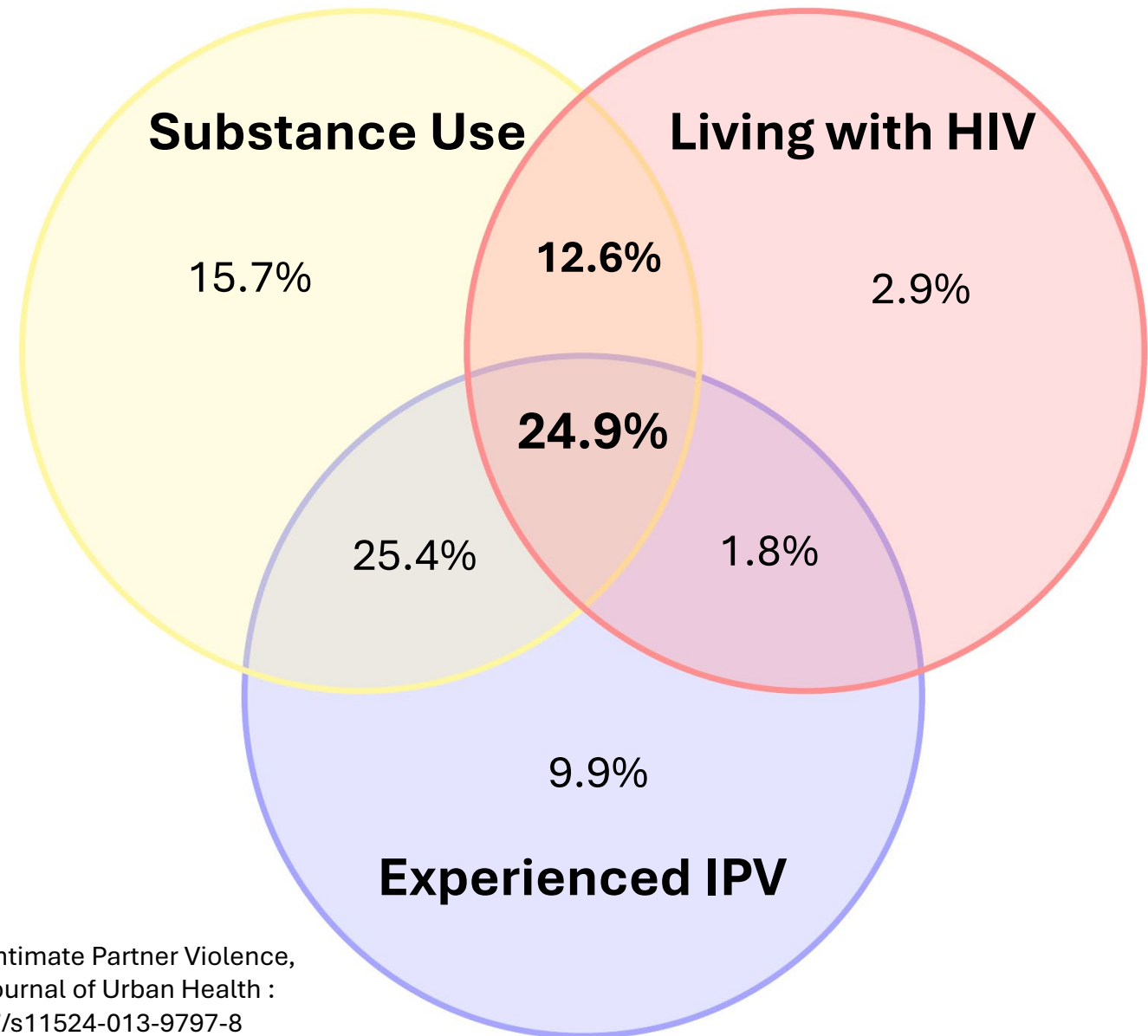


Syndemics occur when **two or more diseases or health conditions cluster and interact within a population** because of social and structural factors as well as inequities.

*Source: Adapted from Fishbein, D. (2020),  
[The Pivotal Role of Prevention Science in this Syndemic.](#)*

# Syndemic Example - Substance Abuse, Violence, & HIV

- Cross sectional study of HIV and intimate partner violence (IPV) among women N = 445
- Recruited from HIV care clinics & resource centers
- Substance use defined as sniffing, snorting, smoking, or shooting up cocaine or heroin





# Why a Syndemic Approach?

When we address not just the burden of one disease but the synergistic effect of multiple diseases, we can improve public health even more than if we addressed each disease on its own.

# Nevada's Syndemic Plan to Include

- Address the following health issues
  - Use of substances
  - HIV
  - Syphilis/congenital syphilis
  - Hepatitis B & Hepatitis C
  - Gonorrhea
  - Chlamydia
- Around 4 major pillars
  - Diagnose – detection the health condition or illness
  - Treat – assist/help navigate persons seeking care/treatment or re-engaging in care
  - Prevent – prevent health condition or illness
  - Respond – identify clusters of transmission & respond accordingly

# Where to Focus Syndemic Solutions

Community  
settings, outreach  
events

Substance Use  
Disorder  
Treatment  
Centers

HIV clinics

Community  
Health Centers/  
FQHC

Local Health  
Departments &  
STI Clinics

Emergency  
Departments

Hospitals

Carceral settings

Others...

# Examples of Strategies for Approaching Syndemic Conditions



Staff  
Capacity  
Building



Multi-disease  
Outbreak Response



Combined Testing  
(Multi-disease)



Combined  
Vaccination



Multi-disease  
Prevention/  
Treatment & Care



Optimizing  
Data  
Sharing &  
Analysis

# Syndemic Plan & HIV Integrated Prevention & Care Plan Intersection

- Building the Syndemic Plan from the framework utilized for the HIV Integrated Prevention & Care Plan
  - Conducted on a 5-year cycle, HIV Integrated Plan has been conducted twice
  - Current cycle ending in 2026, next one starts 2026-2031
  - Collaborating with Office of HIV to ensure all CDC & HRSA requirements for HIV Integrated Plan are met within the Syndemic Plan
  - Will be submitting a single plan to meet the requirements for HIV Integrated Plan as well as Nevada's first Syndemic Plan
- Syndemic Plan can be viewed as collaboratively addressing the following: HIV + Substance use + other STIs including syphilis, congenital syphilis, gonorrhea, chlamydia, hepatitis B and hepatitis C

# Syndemic Planning Members Roles & Responsibilities

1. Attend the 3-5 planning meetings 60 to 90-minutes during 2025
  - Identification of priority populations to engage with & which organizations/contact people to reach out to
  - Help recruit primary data participants
  - Review data findings (secondary & primary)
  - Potential for subgroups to be created to drill down to specific topics
  - Prioritize issues to be addressed
  - Brainstorm how we are to address those priorities
2. Up to 30 minutes a month in between meetings
3. Attend the bi-weekly 45 to 60-minute meetings during first 3 months of 2026

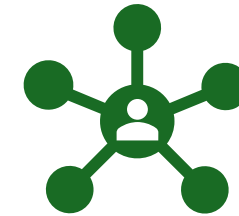
# Syndemic Plan Host Roles & Responsibilities

1. Host & facilitate the meetings
2. Gather, analyze, & present data
3. Guide members through prioritization exercises
4. Identify alignment with existing national & state plans
5. Write & edit the plan
6. Present & share the plan
7. Building tracking mechanisms
8. Report out on progress – design & development of a public facing dashboard
9. Modify/adjust annually

# Interested in Syndemic Planning?



If interested in joining the Syndemic Planning process, please email Heather Kerwin [H.Kerwin@health.nv.gov](mailto:H.Kerwin@health.nv.gov)



If you cannot commit to the planning process, however can put Heather in touch with persons with lived experience or persons who would be able to help recruit for focus groups, key informant interviews, or help email survey links – please reach out to Heather as well.



# 2025 Community Health Worker Summit

## Mapping Community Health: Discovering Nevada's Potential

**April 25, 2025 | 8:30 am to 4 pm**

**College of Southern Nevada - Charleston Campus - Building I**

6375 W. Charleston Blvd. Las Vegas, NV 89146

Attention all community health workers! Join us for a day of learning and networking designed to help you strengthen your skills and discover new resources to better serve your community.

**This event is free of charge, so RSVP by April 20 to reserve your spot, as spaces are limited.**

Please scan the QR code to register!

For more information, please call 702.616.4932 or email  
[angel.garciasaavedra@commonspirit.org](mailto:angel.garciasaavedra@commonspirit.org).

**Hello humankindness®**



# A Woman's Journey

## Thrive HIV Longterm Survivors Summit



**MARCH**

**29th**

**9am-4p**

**The Center**  
401 S Maryland Pkwy  
LV NV 89101

- \*Primary Care Needs
  - \*HIV & Menopause
  - \*Longterm survivor panel
  - \*Disclosure- Who, when, where
  - \*Guidelines Breast/chest feeding
- Breakfast and lunch provided**

Sponsored by :

**Anthem.**  
  
**MEDICAID**

 **the center**  
Serving the LGBTQ Community of Nevada

  
**ViiV**  
Healthcare

  
NAVIGATING  
OUR COMMUNITY  
**SN health**  
CONSORTIUM



MEETING	SON HPP6	DATE	3/12/25
FACILITATOR	C. Radelet	TIME	2-4 pm
LOCATION	Long Mt. - SNHD		



NO.	NAME (PLEASE PRINT)	PROGRAM/AGENCY/AFFILIATION	EMAIL	PHONE	SIGNATURE
1	Heidi Laird	ODS/SNHD	hlaird@snhd.org		Heidi Laird
2	SANDI SATO	ODJ/SNHD			Sandi Sato
3	Brennan O'Toole	SNHD	otooleb@snhd.org		Brennan O'Toole
4	Kristal Griffin	SHOPP/SNHD	griffin@s-nhd.org		Kristal Griffin
5	Rachel Holbert	ODS/SNHD	holbert@snhd.org		Rachel Holbert
6	Chris Regnolds	SNHC	Chrisregnolds@bellsouth.com		Chris Regnolds
7					
8	VIRTUAL				
9	Samantha Morales	Isabell Rowland Santa			
10	Rebecca Cruz-Nunez	Karen Gordon			
11	Juan Tegado	Tannah Kilgore			
12	Albert Sedano	Adam Tyree			
13	Maria Montes				
14	Bishop Bonnie				
15	Heather Kermin				
16	Lyell Collins				
17	Shannon Pickering				
18	Victoria Young				
19	Nora Barkowski				
20	Mona Lisa				