

# **Health Equity Resource Library**

## **General Health Equity Resources**

Resource name	Author	Description
<ul> <li>10 Essential Public Health Services</li> <li>English</li> <li>Spanish</li> </ul>	Centers for Disease Control and Prevention (CDC)	The 10 Essential Public Health Services (EPHS) describe the public health activities that all communities should undertake.
Community Health Fact Sheets	Community Health Literacy Project	Accurate and accessible health information by topic, in over 35 different languages.
Health Literacy	CDC	Learn the definition of health literacy and how to employ best practices to build trust.
Social Determinants of Health	CDC	Learn about the factors that impact health and health disparities.
Social Determinants of Health	World Health Organization	Understand how the social determinants of health can influence health equity in positive and negative ways.
Social Determinants of Health	Healthy People 2030	Learn how Health People 2030 plans to address the social determinants of health.



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Resource name	Author	Description
Allegories on Race and Racism	Camara Jones, TEDx Talk	Dr. Camara Jones shares four allegories on "race" and racism.
<u>Cultural Humility</u>	San Francisco State University professor Vivian Chávez	A 30-minute documentary to explain what cultural humility is and why we need it.
Health Equity Video Series	CDC	Short informative videos on the topics of health equity, social determinants of health, racism and health, and intersectionality.
What Makes Us Healthy? Understanding the Social Determinants of Health	Let's Learn Public Health	A look at the social determinants of health, what they are, how it impacts health, and a useful framework to understand it.
Unnatural CausesIs Inequality  Making Us Sick?	California Newsreel/PBS	A seven-part documentary series exploring racial and socioeconomic inequalities in health.
Words Matter	Blue Cross Blue Shield	This series of videos establishes a foundational comprehension from which meaningful conversation, education and reflection can develop and advance.

Data,	<b>Dashboard</b>	, Reports
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Resource name	Author	Description
County Health Rankings, Clark County Nevada	County Health Rankings & Road Maps	A snapshot of Clark County in 2024 based on health outcomes and health factors.
Healthy Southern Nevada	Southern Nevada Health District	Find health data specific to Southern Nevada.
Minority Health Report 2023	Nevada Office of Analytics	A report that highlights existing health disparities among minority populations in Nevada, with a focus upon the most current data available.
Southern Nevada Extreme Heat Vulnerability Map	Regional Transportation Commission of Southern Nevada	This interactive map identifies areas within the region with populations most vulnerable to extreme heat (urban heat islands).

Resource name	Author	Description
Community Guide to Preventive Services	U.S. Department of Health and Human Services (DHHS)	Evidence-based recommendations and findings on what works to protect and improve population health.
National Culturally and Linguistically Appropriate Services (CLAS) Standards	DHHS	Standards for improving the quality of services provided to all individuals, which will ultimately help reduce health disparities and achieve health equity.
Implementation Checklist for the National CLAS Standards	DHHS	An action worksheet to plan CLAS activities at your office or organization or other type of health care services.
Community Tool Box	Center for Community Health and Development at the University of Kansas	Tools for assessing needs and resources, addressing social determinants of health, engaging stakeholders, action planning, building leadership, improving cultural competency, planning an evaluation and sustaining efforts over time.
Pathways to Health Equity	National Academies of Science, Engineering, and Medicine	A report finds that multiple sectors are joining forces with community members to promote health equity in the U.S.

## **Health Communication**

Resource name	Author	Description
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Guide to Developing a Language Access Plan	Centers for Medicare and Medicaid Services	Assess programs and develop language access plans to ensure persons with limited English proficiency have meaningful access.
Health Equity Guiding Principles for Inclusive Communication	CDC	Principles for public health professionals to adapt communication strategies for specific populations where needed.
Preferred Terms for Select Population Groups & Communities	CDC	Provides some preferred terms for population groups to prioritize non-stigmatizing language.
NIH Style Guide	National Institutes of Health (NIH)	A guide for writing web content, fact sheets, brochures, newsletters and other promotional materials.
Writing Respectfully: Person-First and Identity-First Language	NIH	Highlights the importance of using person-first language when communicating about health conditions.

#### **Readability Indexes**

Resource name	Author	Description
Flesch-Kincaid Readability Score Calculator	Readable	Shows how readable your text is by providing a Flesch Readability Ease Score and Flesch-Kincaid Grade Level Score.
Simple Measure of Gobbledygook (SMOG) Readability Test	Readability	Estimates the level of education needed to understand a piece of writing.

### **Community Engagement**

Resource name	Author	Description
Community Engagement Playbook	CDC	Created to guide public health professionals and state, territorial, local, and tribal partners through the phases and activities of community engagement.
Principles of Community Engagement	CDC	Provides tools for those who are leading efforts to improve population health through community engagement.

#### **Community Resources**

Resource name	Author	Description
988 Crisis Support	Crisis Support Services of Nevada	Provides 24/7, free, confidential and caring support to people in crisis.
Nevada 211	DHHS	Helping Nevadans connect with services they need, regardless of social circumstances.

## What can I do next?

The Southern Nevada Health District Health Equity
Program offers training to help your organization work
toward more equitable health outcomes. We offer
trainings on: Introduction to Health Equity •
Implicit Bias • Social Determinants of Health •
Health Disparities and Health Inequities • and more!



For information about attending a session or hosting a training for your organization, visit our website or contact us at (702) 759-0783 or healthequity@snhd.org