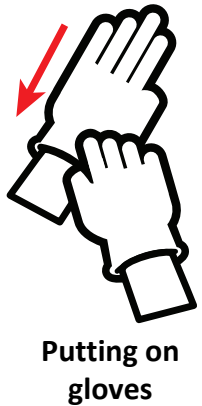




Handwashing

When to Wash

Before



Putting on gloves



Starting any preparation



Changing tasks

After



Touching raw meats, seafood, or eggs



Touching face, hair, skin, or clothes



Smoking



Eating



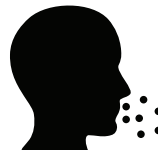
Drinking



Handling dirty dishes



Handling chemicals



Coughing, sneezing, or blowing your nose



Using or exiting the restroom



Handling trash

How to Wash



Wet hands with warm water (min. 100°F)



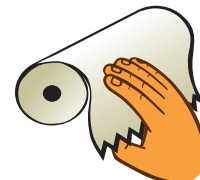
Apply soap



Rub vigorously for 15 seconds outside of the water



Rinse hands



Dry hands



Turn off water with paper towel