



# Foodborne Illness Restriction and Exclusion Guidelines without an Illness Diagnosis

Symptom	Restrict/ Exclude Not a HSP facility	Restrict/ Exclude Facility Serves HSP	Lifting Restriction or Exclusion status
Vomiting	Exclude	Exclude	When the food employee has been symptom free for at least 24 hours without the aid of medication or provides a written medical release/ fitness for duty.
Diarrhea	Exclude	Exclude	When the food employee has been symptom free for at least 24 hours without the aid of medication or provides a written medical release/ fitness for duty.
Jaundice	Exclude	Exclude	When the food employee has been jaundiced for more than 7 calendar days or provides a written medical release/ fitness for duty.
Sore throat with fever	Restrict	Exclude	When the food employee provides a written medical release/ fitness for duty.
Exposed infected wounds or boils	Restrict	Restrict	When the infected wound or boil is properly covered.

**HSP – Highly Susceptible Population** – Those who are immunocompromised, preschool-age children, older adults, and individuals who obtain food at a facility that provides services such as custodial care, health care, or assisted living, or in a child or adult day care center, kidney dialysis center, hospital, nursing home, or nutritional or senior center.

**Exclusion** – a food employee is not permitted to work in or enter a food establishment as a food employee. This requirement applies to areas where food is received, prepared, stored, packaged, served, vended, transported, or purchased.

**Restriction** – a food employee’s activities are limited to prevent the risk of transmitting disease that is transmissible through food. A restricted employee cannot work with exposed food, clean equipment, utensils, linens, or unwrapped single-service or single-use articles.