

Southern Nevada Weekly Influenza Surveillance Snapshot

CDC Week 40, September 29, 2019 to October 5, 2019

The Office of Epidemiology and Disease Surveillance (OEDS) at Southern Nevada Health District (SNHD) compiles and analyzes information on influenza activity in Clark County, Nevada during the influenza season and produce a weekly influenza surveillance report. The seasonal surveillance began October 1, 2019 and will continue through May 16, 2020. The influenza surveillance is a collaborative effort between SNHD and many community partners. Information collected allows SNHD to track influenza-related illness and measure the impact of influenza due to hospitalizations and deaths. This is the first weekly influenza surveillance report of the 2019 – 2020 influenza season.

All healthcare providers are mandated per NRS 441A.575 to report a case of influenza to SNHD that is

- 1. associated with a hospitalization or death; or
- 2. known or suspected to be of a viral strain that:
 - a. has been determined by the Centers for Disease Control and Prevention (CDC) or the World Health Organization (WHO) to pose a risk of a national or global pandemic; or
 - b. Is novel or untypeable.

There are two ways to report an influenza case:

- Report online by completing the Online Provider Disease Reporting Form at https://www.southernnevadahealthdistrict.org/diseasereports/forms/disease-reporting (Recommended).
- 2. Download the State of Nevada Confidential Morbidity Report Form (PDF), complete and fax the Form to (702) 759-1414.

From May 19 – September 28, 2019 (week 21 – week 39), influenza activities were low in the United States, as is typical for that time of year. During week 40, the seasonal influenza activities remained low in the United States, in Nevada, and in Clark County. One influenza-associated hospitalization was reported to SNHD in week 40.

The best way to prevent influenza and its potentially serious complications is getting the influenza vaccine. Influenza vaccines are safe and can prevent influenza, influenza associated hospitalizations and deaths. Influenza vaccination can also protect women during and after pregnancy. Getting vaccinated may protect people who are more vulnerable to serious influenza illness such as babies and older people around you. While some people who get vaccinated may still get sick, there is a growing amount of data showing that vaccination makes illness less severe, helping to prevent serious complications.

CDC recommends that all persons aged 6 months and older who do not have contraindications get vaccinated with influenza vaccines by the end of October.

The Health District is offering flu shots at its clinics. Please arrive by 4 p.m. to allow time for processing:

- Southern Nevada health District Main Facility, 280 S. Decatur Blvd., Las Vegas Monday Friday, 8 a.m. 4:30 p.m.
- East Las Vegas Public Health Center, 560 N. Nellis Blvd., Suite D-1, Las Vegas Monday Friday, 8 a.m. 4:30 p.m.
- Southern Nevada Health District Henderson Clinic, 874 American Pacific Dr., Henderson Monday Thursday, 8 a.m. 4:30 p.m., Friday 8 a.m. 1 p.m.

Closed daily 1 p.m. - 2 p.m. By appointment only. Call (702) 759-0960.

Mesquite Public Health Center, 830 Hafen Lane, Mesquite
Tuesday and Thursday, 8 a.m. — 4:30 p.m. Closed noon — 1 p.m.

If you have any questions on influenza or influenza surveillance, please contact OEDS at (702) 759-1300.

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