

# Navigating Healthcare Options

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SNHD OEMSTS



# Agenda

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- Hospital ED
- Urgent Care
- Off Site ED
- Transport Destination
  - MOMMC



# Hospital Emergency Departments

- Prepared to handle a wide array of medical emergencies
- Equipped with specialized gear and team comprising highly skilled physicians, physician assistants, and nurses capable of addressing adult and pediatric medical emergencies.



A person should go to the emergency department if they are experiencing the following (not all inclusive)

- Trouble breathing
- Facial drooping or weakness in an arm or leg
- Chest Pain
- Uncontrollable or severe bleeding
- Seizures
- Head Trauma
- Sudden or severe headache/dizziness or confusion/disorientation
- Major broken bones
- Coughing or vomiting blood
- Severe abdominal pain
- Swallowed a foreign object



# Costs associated with an emergency department visit vary from patient to patient and case by case

- Contracted agreement between insurance and the hospital
- Complexity of the case
- Use of medical specialists
- Use of diagnostic imagery



Urgent care is not the same as an emergency department and should not be used in an emergency. Urgent care should be used for the following examples;

- Cold or uncomplicated flu
  - Sore throat
  - Muscle or body aches
  - Upset stomach or diarrhea
  - Rash
  - Some minor fractures (fingers for example)
  - Pink eye
  - Minor cuts
  - Earache
  - Sciatica
- Wait times will differ between an ED and an urgent care because an ED will triage based on severity and an urgent care sees patients by appointment and first come first served.
  - Depending on various factors, urgent care can be significantly more cost effective than an ED. ~10x cheaper





# Off site EDs are fully licensed emergency departments associated with a particular hospital. EMS may transport to an off-site ED if the patient meets established criteria

- Heart rate 60-100
- Respiratory rate 10-20
- Systolic BP 100-180
- Diastolic BP 60-110
- Room air pulse oximetry >94%
- Alert
- Accepted by the off-site ED after radio communication
- **PATIENTS EXCLUDED FROM EMS TRANSPORT TO OFF-SITE EDs**
- Violent pts excluded
- OB pts >20 weeks excluded
- STEMI, stroke or other TSE excluded
- Any condition covered by destination protocol excluded
  - *TFTC, CVA, Burn, Peds, SA, Cardiac arrest*
- Off-site ED destination decisions should be consistent with medical necessity and with consideration for patient preference when patient condition allows.
- Costs are the same as any ED and may also include secondary ambulance transport to an inpatient facility if needed



Anyone who thinks they're having a medical emergency should not hesitate to seek emergency medical care. Federal law ensures that anyone who comes to the emergency department is treated and stabilized. Medical emergencies are the reason for an EMS system.





# EMS TRANSPORT DESTINATION FACTORS

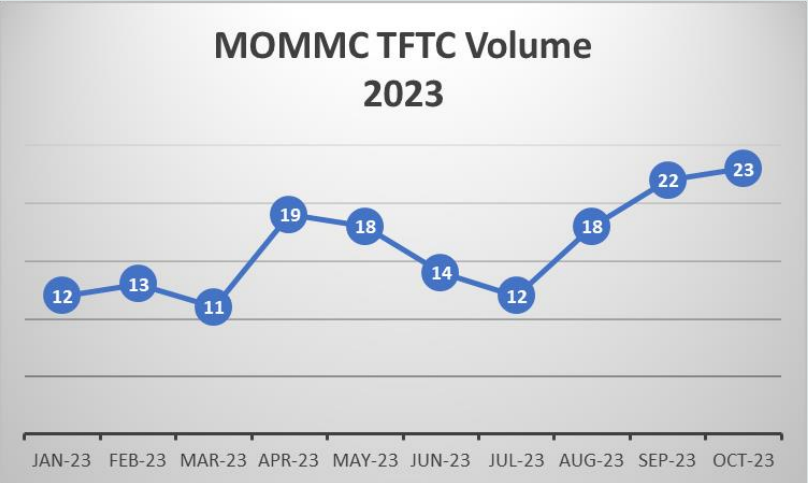


- Patient/Family choice
- Protocol guidance for specific cases
- Trauma Field Triage Criteria for patients meeting trauma center criteria

# Mike O’Callaghan Military Medical Center (MOMMC) Level III trauma center and receiving facility

In March 2022 MOMMC began receiving step 3 and 4 trauma patients and medical patients commensurate with their capabilities. Trauma catchment was developed to afford 30 trauma patients a month. MOMMC is receiving 118 medical and trauma patients a month in 2023.

Access to the base has been plagued with issues related to gate access, training and dispatch premise notes. These issues have been addressed. Additionally, clinical limitations at MOMMC limit the patient population accepted and/or willing to be seen there.



# Mike O'Callaghan Military Medical Center (MOMMC) Level III trauma center and receiving facility

MOMMC does not accept,

- Pediatric patients
- OB patients >20 weeks gestation
- Mentally ill patients
- Patients that meet specific destination protocol based on clinical presentation
  - *STEMI, ACS, CVA, burn, SA etc.*

MOMMC is moving forward with the appropriate accreditation to be able to treat STEMI patients and they intend to seek similar accreditation for CVA.



# Mike O'Callaghan Military Medical Center (MOMMC) Level III trauma center and receiving facility

- MOMMC is geographically located in an underserved community.
- MOMMC is committed to providing medical care to the community.
- It is beneficial to the community to continue efforts to fold MOMMC into the EMS system.





# Questions

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Thank you

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