

# When to End Home Quarantine

## IF YOU HAD CLOSE CONTACT WITH SOMEONE WHO TESTED POSITIVE FOR COVID-19

10 days starting the day you were exposed if you do not get tested  
and do not have any symptoms during this 10-day period



OR

7 days starting the day you were exposed if you test negative  
and do not have any symptoms during this 7-day period. You should be tested on day 5  
of your quarantine, and you will need to stay home for the full 7 days.



**CONTINUE TO MONITOR FOR SYMPTOMS OF COVID-19  
FOR 14 DAYS AFTER YOUR EXPOSURE.**

Find additional COVID-19  
information and resources at  
[www.snhd.info/covid](http://www.snhd.info/covid)