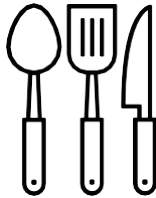
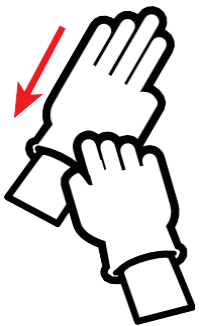




እጅን መታጠብ

መቼ መታጠብ እንዳለብዎ

በፊት



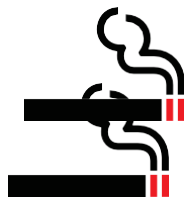
ማንኛውንም
ዝግጅት
ከመጀመር



ጓጉት
ከማድረግ

ተግባራትን ከመለወጥ

በኋላ



ካጨሱ



ከተመገቡ



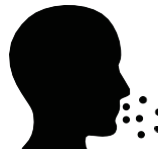
ከጠጡ



ቆሻሻ እቃዎችን ካስተካከሉ



ኬሚካሎን
ከነኩ



ካሳሉ፣ ካስነጠሱ ወይም
ከአፍንጫዎ ቆሻሻ
ካሰወገዱ



መጸዳጃ ቤት
ከተተቀሙ
ወይም ከዚያ
ከወጡ



ቆሻሻ
ካሰወገዱ

እንዴት መታጠብ እንዳለብዎ



ለብ ባለ ውሃ
(ዝቅተኛ 100°F)
እጆችን ማራሰ



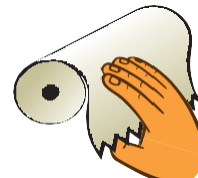
ሳሙና ማድረግ



ለ15 ሰከንዶች ውሃ
ሳያስነኩ በደንብ ማሸት



እጆችን ማለቅለቅ



እጆችን ማድረቅ



የውሃ ቧንቧን በወረቀት
ፎጣ መዝጋት